



FLORACOPIA
ESSENTIAL OILS AND AROMATIC TREASURES

AROMATHERAPY THROUGH THE LENS OF AYURVEDA



This workshop offers a practical introduction to the vast world of essential oils in the context of Ayurvedic Medicine. We will explore the most important oils used currently in aromatherapy, categorized according to doshas (constitutional types), subdoshas (physiological functions of the doshas), the five elements, prana (life force), and ojas (nutritional essence).

Nov 16 - 18
10:00am - 6:00pm

FREE FRIDAY EVENING INTRODUCTION, 7 - 9PM

LOCATION: THE SANCTUARY; 505 W. FIRST ST., TUSTIN, CA 92780

COST: \$185 FOR WEEKEND, \$170 PREREGISTRATION BEFORE SEPT. 7

\$108 FOR SINGLE DAY

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David Crow is one of the world's foremost experts and leading speakers in the field of botanical medicine and grassroots healthcare. He is a master herbalist, aromatherapist and acupuncturist with over 30 years experience and is an expert in the Ayurvedic and Chinese medical systems. David is a renowned author, a poet, and is the founding director of Floracopia Aromatic Treasures and MedicineCrow.com.